

YWCA Flying Fish Swim Team

Summer 2023 Practice Schedule and Info

Monday, June 5 - Sunday, July 30

- Swimmers have the option to retain the spot they had during the spring season. Please email Pete (pcaragher@ywca-ens.org) to confirm participation for summer.
- Although there may be a few exceptions, swimmers will remain with their spring practice groups. Group changes will take place in the fall.
- There is no moving between groups or making up missed swims.
- All fees are nonrefundable. Credits will be considered in some cases.
- New and returning swimmers may need to update their annual fees before registering. See the end of this document for info about annual fees.
- No practices June 19 due to Juneteenth holiday. No practices July 2, 3 and 4 due to Independence Day holiday.

Group	Time	Day	Group fee
Greenfish (two groups)	4:30 – 5:15 pm or 4:30 - 5:15 pm	Wednesday Friday	\$210
Yellowfish	5 – 5:45 pm 11:50 am – 12:40 pm	Thursday Sunday	\$290
Whitefish	5 – 5:45 pm 5:15 – 6:05 pm 2:30 – 3:20 pm	Monday Wednesday Saturday	\$350
Copperfish	5 – 5:50 pm 5:20 – 6:10 pm 11 – 11:50	Tuesday Friday Sunday	\$360
Redfish	5:50- 6:50 pm 6:35 – 7:30 pm 9 – 10 am	Tuesday Thursday Sunday	\$380
Bluefish	5:45 – 6:40 pm 6:05 – 7 pm 5:45 – 6:35 pm 9 – 9:50 am	Monday Wednesday Thursday Saturday	\$420
Ironfish	6:40 – 7:40 pm 6:20 – 7:20 pm 5:15 – 6:15 pm 1:30 – 2:30 pm	Tuesday Thursday Friday Saturday	\$440
Silverfish	5:30 – 6:30 pm 4:15 – 5:15 pm 10 – 11 am	Monday Wednesday Sunday	\$420

Goldfish	4:15 – 5:30 pm 5:10 – 6:20 pm 4:15 – 5:15 pm 7:50 – 9 am	Tuesday Thursday Friday Saturday	\$480
Diamondfish	4:15 – 5:30 pm 5:30 – 6:40 pm 5:15 – 6:30 pm 6:15 – 7:30 pm 11:20 am- 12:30 pm	Monday Tuesday Wednesday Friday Saturday	\$510
Platinumfish	6:30 – 7:45 pm 3 – 4:15 pm 6:30 – 7:45 pm 4 – 5:10 pm 12:30 – 1:30 pm	Monday Tuesday Wednesday Thursday Saturday	\$480
Thunderfish + Lightningfish	6:15 – 7:45 am 2:45 – 4:15 pm 9:50 – 11:20 am	Mon/Tue/Wed/Thu/Fri Mon/Wed/Thu/Fri Saturday	\$620 – Thunder \$560 - Lightning

All swimmers must be good standing with these annual fees:

- \$84 - annual USA Swimming membership (paid directly to USA Swimming; see below)
- \$84 - annual YWCA 2023 admin fee (paid through Community Pass); prorated for new swimmers
- \$84 - annual YWCA 2023 facility fee (paid through Community Pass); prorated for new swimmers

Note: If you participated in the 2023 spring season, you are in good standing with the fees above.

If you are new to the team, you will need a USA Swimming membership, which you will get directly from USA Swimming.

- Learn more about getting a USA Swimming membership at <https://conta.cc/3RaEcjE>.
- All Flying Fish swimmers must have USA Swimming memberships in order to attend practices.