In order to participate in the Flying Fish, I agree to the following:

1. Follow all safety instructions of coaches
2. Wear a face covering at all times when I’m not in the pool. If I come to practice without a face covering on, I understand I will not be allowed entry.
3. I will wear my swim suit to and from the pool since no changing on premises is allowed.
4. Only bring a mask, goggles, swim cap, swim bag, clothing to cover my swim suit if preferred, equipment, water bottle, towel, and shoes.
5. I will not congregate inside or outside of the building.
6. Each time I enter the building, I consent to self-certify that I’m fit to enter by answering the following questions:
   - Have you been in prolonged close contact or staying in the same household with anyone who has been medically diagnosed with or tested positive for COVID-19 in the last 14 days? Prolonged close contact is defined as: "being within 6 feet of the person for at least 10 minutes or having direct contact with droplets from such person."
   - Have you been in prolonged close contact or staying in the same household with anyone displaying common symptoms listed by the CDC, such as cough, fever, chills, muscle aches, etc.?
   - Is your current temperature greater than 100.4° Fahrenheit? (Coaches will take each swimmer’s temperature with an infrared thermometer.)
   - Have you had a fever or displayed respiratory symptoms consistent with COVID-19 in the last 14 days?
   - Have you traveled internationally in the last 14 days?

I understand that if I test positive for COVID-19 while participating in Flying Fish, I must notify the Aquatics Director, Pete Caragher, immediately. In the event that someone in my practice group contracts COVID-19, I understand that the entire group of swimmers will be asked to self-quarantine for a minimum of 14 days.

I understand that I consent to take these actions to help keep Flying Fish swimmers and staff as safe as possible and that if at any point, I choose to withdraw by consent, I will not be allowed to enter the building.