Friday Breakout Sessions
(In alphabetical order)

**Anti-Bias/Anti-Racism in Early Childhood Education**
Workshop (2 HR)

*Sarah E. Dennis, Ph.D., UIC*

Research has shown that young children (2-4 year olds) demonstrate bias much earlier than most adults think they could. Children can hurt others and be hurt by insensitive/biased comments/actions.

According to Jane Fleming, teachers and schools can play a critical role in working against this. The myth of colorblindness, and the color-muteness, as well as the lack of preparation many early childhood teachers feel for navigating anti-bias education with young children, will be addressed in this supportive and engaging workshop. Participants will engage in self-reflection, self-assessment, goal setting, conversation, and learning about children’s books and ideas for next steps on this journey of supporting all our children to the best of our abilities!

**Art & Renewal toward Racial Healing**
Workshop (2 HR)

*Ellen Burton, E.J. Burton and Assoc., Board Member, Open Studio Project*

*Sarah Laing, Executive Director, Open Studio Project*

*Terrin Sharp, Open Studio Project/ Adler School of Professional Psychology*

Art & Renewal is a unique Open Studio Project workshop that is designed to support those whose work is emotionally demanding and prone to burn-out. Using traditional and unexpected art materials combined with reflective journaling, this workshop invites you to engage the Open Studio Process of intuitive art making and writing within a supportive small group format.

We will be offering this workshop with a Racial Healing focus based on our recent trainings with Enrich Chicago and in response to a critical need for systemic racial change. This workshop is
particularly beneficial to those in high-stress work environments, our goal is to satisfy a need of these professionals that is often overlooked: the need for self-care.

**Disentangling our Organization from the Ties of White Supremacy**  
Webinar (1 HR)  
*Alyscia Raines, M.Ed., ADR Consulting Group*  
Much of what is considered to be standards of professionalism in the workplace are actually rooted in White Supremacy, patriarchy, and capitalism. Perfectionism, production, and competition are just a few examples. This session will define white supremacy, identify how it is manifested in work culture, and provide solutions on how to resist and create more equitable and inclusive systems and practices.

**Dismantling Structural Violence in America’s Education System**  
Webinar (1 HR)  
*Geraldine Palmer, Ph.D, Community Wellness Institute*  
*Loraine Palmer-Snead, Director of Equity and Inclusion, Tabor Academy*  
How do we redistribute power to achieve equitable and liberated communities? Educational and community activists point to one area of great need, an overhaul of America’s educational system which includes the dismantling of structural violence found within it.

This webinar will walk attendees through the colonial education foundation and provide examples of structural violence (a term coined by Johan Galtung) to illustrate that at the root of America’s contemporary education system are the ideologies of colonialism: power and domination. The workshop will highlight the work of postcolonial liberation theorists such as bell hooks, Paulo Freire, and Frantz Fanon and offer action steps that teachers, students, and administrators can take to dismantle structure violence in our public and independent schools, and higher education institutions.

**Facilitating Courageous Conversations about Race through Racial Autobiographies**  
Workshop (2 HR)  
*Kiran Subhani, New Trier High School-English Teacher*  
*Pat Savage-Williams, School Board President: Evanston Township High School, Equity Liaison: New Trier High School*  
To transform our community towards a racially just society, it is essential to move the equity work from theory to practice. As long as race, class, and ethnicity continue to be strong predictors of success and successful life experiences, community members must work within
their own systems to identify barriers and obstacles to opportunity, interrupt the negative impact, and eliminate the persistent disparities that continue in health care, education, housing, wealth, criminal justice system, etc. We will explore facilitation models to lead the work of racial equity and discuss barriers to anticipate and how to respond to opposition and pushback. We will share tools and discuss policies and practices that promote racial equity and

Hair & Health Panel (Response to Head to Head Documentary)
Panel (1.5 HR)

Andrea Alberti, Director, Head to Head Documentary
Dr. Cheryl Burton, President/CEO of Cheryl A. Burton Consulting
Kali Patrice Founder, The Image Studios
Margot Greer, Founder, Woven

Tens of millions of women experience hair loss which causes identity-related trauma, yet the condition is considered purely cosmetic by most. There has even been an uptick in stress-related hair loss during the pandemic as reported by doctors. This panel presents three women who are featured in Head to Head, a documentary about navigating a society that puts a high value on hair and beauty, yet overlooks the connection between self-image, mental health and overall wellbeing. Margot Greer lost her hair to chemo while being treated for breast cancer, which led her to launch Woven. Andrea Alberti lost her hair to Alopecia at a young age, which led her to make this film. Kali Patrice’s passion for hair and science led her to study body image in Lupus patients. They will share their individual experiences with challenging institutional systems and their visions for ways to enhance collaboration between the healthcare and beauty industries for the benefit of public health.

Head to Head Documentary Screening (83 min run time)
Directed by Andrea Alberti
Produced by Katy Osborn
Edited by Mimi Wilcox

Tens of millions of women experience hair loss which causes identity-related trauma, yet the condition is considered purely cosmetic by most, especially in the healthcare system. There has even been an uptick in stress-related hair loss during the pandemic, as reported by doctors. The Head to Head feature-length documentary is a raw and honest look at the lives of women facing the grief and heartache of hair loss. In coping with the traumatic blow to their self-image, these women must choose to

either hide the elephant in the room or live outside the norms of beauty. Although they all experience subsequent mental health, relationship, financial, and social impacts, they individually cope with these challenges in dramatically different ways. The Director also
grapples with her own identity and what it means to be ‘authentic’. The film explores ways our institutions and our communities could improve patient outcomes by addressing the critical connection between identity, mental health, and physical wellness.

Join Friday's breakout session featuring a panel with three of the women in *Head to Head* moderated by Dr. Cheryl Burton.

**Healing Illinois: Public Private Partnerships Advancing Racial Healing Webinar (1HR)**
*Carolina Grumble, Director, Office of Strategy, Equity, and Transformation, IDHS*

Healing Illinois is a racial healing initiative of the Illinois Department of Human Services (IDHS), in partnership with The Chicago Community Trust, designed to distribute $4.5 million grants to organizations across the state to begin, or continue, the work of racial healing. This webinar will provide an overview on how this public-private partnership came about and how it works. Participants will also hear stories from the many racial healing partners whose work has been catalyzed by this initiative.

**H.R. 40: Legislating Reparative Justice Webinar (1HR)**
*Ald. Robin Rue Simmons
U.S. Congresswoman Jan Schakowsky*

H.R. 40 is a bill that establishes a commission to assess the impact of slavery and subsequent discrimination of African - Americans. After being stalled in the House for 30 years, the legislation has found new life amid conversations around reparations and reparative justice across the nation. In what ways will national policy affect our ability to created liberated communities? As H.R. 40 moves closer to a vote in the house, Ald. Robin Rue-Simmons and Congresswoman Jan Schakowsky, a co-sponsor of the bill, will share about this historic bill and this historic moment.