

# 21 DAY RACIAL EQUITY & SOCIAL JUSTICE CHALLENGE

eliminating racism  
empowering women  
**ywca**  
Evanston/North Shore

# REFLECTION LOG\*

### Sample Reflection Questions:

1. How did today's challenge make you feel?
2. What is something new you learned by taking today's challenge?
3. Did you notice anything about yourself after taking today's challenge?

*\* Thanks to YWCA Utah for developing this template.*

DAY	TOPIC	REFLECTION
1		
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<b>10</b>		
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<b>19</b>		
<b>20</b>		
<b>21</b>		

*Use this log as a way to reflect after each daily challenge. Share your reflection online using the hashtag #YWCAEquityChallenge.*